

# February

Vandalia High School





**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

				Flapstix, Juice, Applesauce Cup, Milk 1
				<b>"Pre" Super Bowl Party</b>  Chicken Wings / Potato Salad Carrots, Celery, Broccoli, Cauliflower/Dip Tossed Salad/Apples Slices/Muffin/Sl.Bread (Appetizers- Mini Corn Dogs, Chips & Salsa Jalapeno Poppers) Milk
	4 Breakfast Burrito, Juice, Orange, Milk 5	Cereal/Toast, Juice, Banana, Milk 6	Chs.Omelet/Toast,Juice,Blueberries,Milk 7	French Toast, Juice, Applesauce Cup, Milk 8
<b>NO SCHOOL PARENT/TEACHER CONFERENCES</b>	Corn Dog or Burrito Seasoned Fries Baked Beans Tossed Salad Fruit Mix Milk	Pizza Hut Pepperoni Pizza or Beef Stew / Combination Salad Corn Sliced Pears Double Chocolate Snack Bar Sliced Bread / Milk	Brd. Chicken Patty or Manwich on Bun Potato Salad Sliced Tomato & Lettuce Tossed Salad / Carrot Sticks Peach Half Yogurt / Milk	Spaghetti w/Meat Sauce or Chicken Fettuccini Alfredo Caesar Salad Seasoned Peas Applesauce Cheese Breadstick / Milk
Poptart/Cereal, Juice, Apple, Milk 11	Pancakes, Juice, Orange, Milk	Cereal/Toast, Juice, Banana, Milk 13	Sausage Biscuit, Juice, Grapes, Milk 14	PB&J Sand.,Juice,Applesauce Cup,Milk 15
Chicken Tenders or Beef Roast Mashed Potatoes Green Beans Tossed Salad Peach Slices Sliced Bread / Milk	Cheeseburger or Fish Fillet on Bun Oven Fries / Tossed Salad Sliced Tomato, Lettuce, & Onion Red Pepper Strips Mandarin Oranges Milk	Chili or Cream of Potato Soup PB Sandwich / Carrot & Celery Sticks Tossed Salad Applesauce / Milk *An alternate sandwich will be offered to students with peanut allergies.	Nacho Supreme or Chicken Fajita Corn/Lettuce/Tomatoes/Cheese Refried Beans/Salsa/Jal. Peppers Pineapple Tidbit / Orange Sherbert Sliced Bread / Milk <b>HAPPY VALENTINE'S DAY!</b> 	<b>NO LUNCH 1/2 DAY INSERVICE</b>
	18 Waffles, Juice, Orange, Milk 19	Cereal / Toast, Juice, Banana, Milk 20	Sausage Gravy / Biscuit, Blueberries 21	Flapstix, Juice, Applesauce Cup, Milk 22
<b>NO SCHOOL PRESIDENT'S DAY</b>	Hot Dog on Bun or Burrito Nachos w/Cheese Baked Beans Tossed Salad Mixed Fruit Milk	Cheese Pizza or Chick.Quesadilla Romaine/Leaf Lettuce Salad Corn Sliced Pears Chocolate Crisp Granola Bar Bread Slice / Milk	Milk Deli Turkey Breast or BBQ Rib on Bun / Oven Browned Potatoes Sliced Tomato & Lettuce Tossed Salad / Cherry Tomatoes Peach Half / Milk	Orange Chicken Stir Fry or Swedish Meatballs on Rice Pilaf Spinach Salad / Glazed Carrots Fresh Grapes / Fortune Cookie Cheese Breadstick Milk
Muffin / Cereal, Juice, Apple, Milk 25	Breakfast Burrito, Juice, Orange, Milk 26	Cereal/Toast, Juice, Banana, Milk 27	Chs. Omelet/Toast,Juice,Grapes,Milk 28	PB&J Sand.,Juice,Applesauce Cup,Milk 1
Chicken Tenders or Pork Tenderloin Mashed Potatoes Green Beans Tossed Salad Fruit Salad Sliced Bread / Milk	Cheeseburger or Deli Turkey Breast on Bun / Oven Fries Sliced Tomato, Lettuce, & Onion Tossed Salad Fresh Broccoli Florets Sliced Peaches / Milk	Taco in a Bag or Burrito Corn/Lettuce/Tomatoes/Cheese Refried Beans/Salsa/Jal. Peppers Pineapple Tidbits Cinnamon Crisp Sliced Bread / Milk	Chili or Cream of Potato Soup PB Sandwich/Carrot & Celery Sticks Tossed Salad / Applesauce Milk *An alternate sandwich will be offered to students with peanut allergies.	<b>NO LUNCH 1/2 DAY INSERVICE</b>