

February

Vandalia High School





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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| | | | Sausage Biscuit, Juice, Grapes, Milk 1 | Cereal/Toast, Juice, Applesauce Cup, Milk 2 |
| | | | Cheeseburger or Pork Tenderloin on Bun / Oven Fries Sliced Tomato, Lettuce, & Onion Tossed Salad Fruit Salad Milk | "Pre" Super Bowl Party  Chicken Wings / Potato Salad Carrots, Celery, Broccoli, Cauliflower/Dip Tossed Salad/Apples Slices/Muffin/Sl.Bread *(Appetizers-Mini Corn Dogs / Meatballs / Jalapeno Poppers) / Chips & Salsa / Milk |
| 5 | Mini Donuts/Cereal, Juice, Orange, Milk 6 | Waffles, Juice, Banana, Milk 7 | Cereal/Toast, Juice, Blueberries, Milk 8 | Flapstix, Juice, Applesauce Cup, Milk 9 |
| NO SCHOOL PARENT/TEACHER CONFERENCES | Corn Dog or Burrito Seasoned Fries Baked Beans Tossed Salad Fruit Mix Milk | Pizza Hut Pepperoni Pizza or Beef Stew / Combination Salad Corn Sliced Pears Fruit Juice Bar Sliced Bread / Milk | Brd. Chicken Patty or Manwich on Bun Potato Salad Sliced Tomato & Lettuce Tossed Salad / Carrot Sticks Peach Half Yoplait Go Big Yogurt / Milk | Spaghetti w/Meat Sauce or Chicken Fettuccini Alfredo Caesar Salad Seasoned Peas Sliced Pears Cheese Breadstick / Milk |
| Muffin/Cereal, Juice, Apple, Milk 12 | Breakfast Burrito, Juice, Orange, Milk 13 | French Toast, Juice, Banana, Milk 14 | Cheese Omelet/Toast, Juice, Grapes, Milk 15 | PB&J Sand., Juice, Applesauce Cup, Milk 16 |
| Chicken Tenders or Beef Roast Mashed Potatoes Green Beans Tossed Salad Peach Slices Sliced Bread / Milk | Cheeseburger or Fish Fillet on Bun Oven Fries / Tossed Salad Sliced Tomato, Lettuce, & Onion Red Pepper Strips Mandarin Oranges Milk | Chili or Cream of Potato Soup PB Sandwich / Carrot & Celery Sticks Tossed Salad / Applesauce / Milk *An alternate sandwich will be offered to students with peanut allergies.  HAPPY VALENTINE'S DAY! | BBQ Pork or Italian Beef on Bun Potato Wedges Tossed Salad Steamed Broccoli Pear Half Milk | NO LUNCH 1/2 DAY INSERVICE |
| 19 | Poptart/Cereal, Juice, Orange, Milk 20 | Pancakes, Juice, Banana, Milk 21 | Chocolate Crescent/Cereal, Juice, Blueberries, Milk 22 | Saus.Biscuit, Juice, Applesauce Cup, Milk 23 |
| NO SCHOOL PRESIDENT'S DAY | Hot Dog on Bun or Burrito Nachos w/Cheese Baked Beans Tossed Salad Mixed Fruit Milk | Cheese Pizza or Chick.Quesadilla Romaine/Leaf Lettuce Salad Corn Sliced Pears Double Chocolate Snack Bar Bread Slice / Milk | Deli Turkey Breast or BBQ Rib on Bun / Seasoned Fries Sliced Tomato & Lettuce Tossed Salad / Cherry Tomatoes Peach Half / Milk | Orange Chicken Stir Fry or Swedish Meatballs on Rice Pilaf Spinach Salad / Glazed Carrots Fresh Grapes / Fortune Cookie Cheese Breadstick Milk |
| Mini Donuts/Cereal, Juice, Apple, Milk 26 | Flapstix, Juice, Orange, Milk 27 | Cereal/Toast, Juice, Banana, Milk 28 | Scrambled Eggs/Toast, Sliced Ham(March 1) Juice, Grapes, Milk | PB&J Sand., Juice, Applesauce Cup, Milk 2 |
| Chicken Tenders or Pork Tenderloin Mashed Potatoes Green Beans Tossed Salad Fruit Salad Sliced Bread / Milk | Cheeseburger or Deli Turkey Breast on Bun / Oven Fries Sliced Tomato, Lettuce, & Onion Tossed Salad Fresh Broccoli Florets Sliced Peaches / Milk | Chili or Cream of Broccoli Soup Peanut Butter Sandwich Carrot & Celery Sticks Tossed Salad / Applesauce / Milk *An alternate sandwich will be offered to students with peanut allergies. | Mostaccoli w/Meat Sauce or Cheese Tortellini / Caesar Salad Seasoned Peas Pear Half Cheese Breadstick / Milk | NO LUNCH 1/2 DAY INSERVICE |