March

Vandalia High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Scrambled Eggs, Sliced Ham, Toast, Juice, Grapes, Milk Mostaccolli w/Meat Sauce or Cheese Tortellini / Caesar Salad Seasoned Peas Pear Halves Cheese Breadstick / Milk	2 PB&J Sand., Juice, Applesauce Cup, Milk **NO LUNCH** **1/2 DAY INSERVICE**
5 Muffin/Cereal, Juice, Apple, Milk Pulled Pork on Bun or Chicken Tenders / Sliced Bread Oven Brown Potatoes Tossed Salad / Cherry Tomatoes Peach Half Milk	6 Breakfast Burrito, Juice, Orange, Milk Hot Dog on Bun or Burrito Nachos w/Cheese Baked Beans Tossed Salad Mixed Fruit Milk	7 Cereal/Toast, Juice, Banana, Milk Pizza Hut Pepperoni Pizza or Beef Stew / Combination Salad Corn Strawberry Shortcake Sliced Bread Milk	8 Ch.Omelet/Toast,Juice,Blueberries,Milk Chili or Cream of Broccoli Soup Peanut Butter Sandwich Carrot & Celery Sticks Tossed Salad / Applesauce / Milk *An alternate sandwich will be offered to students with peanut allergies.	9 French Toast,Juice,Applesauce Cup,Milk Grilled Cheese or Fish Fillet on Bun Chicken Noodle Soup Spinach Salad Red Pepper Strips Mandarin Oranges Sunflower Kernels / Milk
12 Poptart/Cereal, Juice, Apple, Milk Chick.Tenders or Beef & Noodles Mashed Potatoes Green Beans / Tossed Salad Peach Slices Sliced Bread Milk	13 Pancakes, Juice, Orange, Milk BBQ Rib or Deli Turkey Breast on Bun / Seasoned Potato Wedges Sliced Tomato & Lettuce Tossed Salad Steamed Broccoli Strawberry Cup Milk	14 Cereal/Toast, Juice, Banana, Milk Nachos Supreme or Chick.Fajitta Corn / Lettuce / Tomatoes Cheese / Salsa / Refried Beans Pineapple Tidbits Cupcake Milk	15 Sausage Biscuit, Juice, Grapes, Milk **Take Me Out To The Ballgame!** **Vandal Softball & Baseball Opening Week** Corn Dog or Brat on Bun / Tossed Salad Nachos w/Cheese / Fresh Carrots, Celery, Broccoli,Cherry Tomatoes/Dip/Apple Slices Ice Cream / Popcorn / Fruit Drink / Milk **Good Luck all Vandal Activities!!**	16 Cereal/Toast,Juice,Applesauce Cup,Milk Cheeseburger on Bun or Chicken Salad on Croissant Oven Fries / Sl. Tomato, Lettuce, Onion Tossed Salad Fruit Salad Lime Sherbert / Milk **HAPPY ST. PATRICK'S DAY!**
19 Mini Donuts/Cereal,Juice,Apple,Milk Ham & Cheese Sub or Chicken Tenders / Sliced Bread Roasted Red Potatoes Tossed Salad / Cherry Tomatoes Strawberry Cup Milk	20 Waffles, Juice, Orange, Milk Spaghetti w/Meat Sauce or Chicken Fettuccini Alfredo Caesar Salad Seasoned Peas Sliced Pears Cheese Breadstick / Milk	21 Cereal/Toast, Juice, Banana, Milk Brd. Chicken Patty or Manwich on Bun / Sliced Tomato & Lettuce Seasoned Fries Tossed Salad Peach Half Yoplait Go Big Yogurt / Milk	22 Saus.Gravy/Biscuit, Juice, Grapes, Milk Chili or Cream of Potato Soup Peanut Butter Sandwich Carrot & Celery Sticks Tossed Salad / Applesauce / Milk *An alternate sandwich will be offered to students with peanut allergies.	23 Flapstix, Juice, Applesauce Cup, Milk Cheese Pizza or Beef Stew Combination Salad Corn Orange Wedges Fiesta Bean Dip /Tostitos Sliced Bread / Milk
26 Poptart/Cereal, Juice, Apple, Milk Chicken Tenders or Beef Roast Mashed Potatoes Green Beans Tossed Salad Sliced Peaches Bread Slices / Milk	27 Pancakes, Juice, Orange, Milk Cheeseburger or Fish Fillet on Bun Oven Fries Sliced Tomato, Lettuce, Onion Tossed Salad Red Pepper Strips Mandarin Oranges / Milk	28 Cereal/Toast, Juice, Banana, Milk Nachos Supreme or Chick.Fajitta Corn / Lettuce / Tomatoes Cheese / Salsa / Refried Beans Pineapple Tidbits Orange Sherbert Milk	29 **NO SCHOOL** **SPRING BREAK**	30 **NO SCHOOL** **SPRING BREAK** **HAPPY EASTER!**