

October

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Muffin/Cereal, Juice, Apple, Milk 2	Waffles, Juice, Orange, Milk 3	Cereal/Toast, Juice, Banana, Milk 4	Saus.Gravy/Biscuit,Juice,Grapes,Milk 5	6
Chicken Tenders Mashed Potatoes Green Beans Sliced Peaches Bread Slice Milk	Taco Salad Corn / Lettuce / Tomatoes Cheese / Salsa Pineapple Tidbits Cinnamon Crisps Milk	BBQ Rib on Bun Potato Smiles Steamed Broccoli Orange Wedges Milk	Cheese Quesadilla Tossed Salad Black Beans Pear Half Orange Sherbert Milk	NO SCHOOL REGIONAL INSTITUTE
9	Breakfast Break, Juice, Orange, Milk 10	Cinni Minis/Cereal, Juice, Banana, Milk 11	Cheese Omelet/Toast, Juice, 12	PB&J Sand.,Juice,Applesauce Cup,Milk 13
NO SCHOOL COLUMBUS DAY	Beef Slider Sandwich Oven Fries Sliced Tomato & Lettuce Peach Half Milk	Spaghetti w/Meat Sauce Caesar Salad Seasoned Peas Sliced Pears Cheese Breadstick Milk	Blueberries, Milk Breaded Boneless Chicken Wings Cheesy Hashbrown Potatoes Cherry Tomatoes Fruit Mix Sliced Bread / Milk	Corn Dog Baked Beans Celery Sticks Fresh Grapes WG Cheese Puffs Milk
Mini Donuts, Juice, Apple, Milk 16	Pancakes, Juice, Orange, Milk 17	Cereal/Toast, Juice, Banana, Milk 18	Sausage Biscuit, Juice, Grapes, Milk 19	Cereal/Toast,Juice,Applesauce Cup,Milk 20
Breaded Chicken Patty on Bun Potato Rounds Sliced Tomato & Lettuce Green Beans Fruit Salad Go Gurt / Milk	Nachos Supreme Corn / Lettuce / Tomatoes Cheese / Salsa / Black Beans Pineapple Tidbits Chocolate Chip Granola Bar Milk	Pizza Hut Pepperoni Pizza Combination Salad Corn Strawberry Shortcake Milk	Chili w/Crackers Peanut Butter Sandwich Carrot Sticks Applesauce Milk	Chicken Tenders Seasoned Fries Fresh Broccoli Florets Sliced Peaches Bread Slice Milk
Muffin/Cereal, Juice, Apple, Milk 23	Waffles, Juice, Orange, Milk 24	Cereal/Toast, Juice, Banana, Milk 25	Flapstix, Juice, Blueberries, Milk 26	27
Chicken Nuggets / Sauces Potato Smiles Cole Slaw Strawberry Cup Sliced Bread Milk	Tater Tot Casserole Spinach Salad Fresh Baby Carrots Pineapple Tidbits Cheese Bites Milk	Bar-B-Que Pork on Bun Potato Wedges Catalina Style Vegetables Sliced Pears Milk	Hot Dog on Bun Nachos w/Cheese Baked Beans Celery Sticks Fruit Mix Milk	NO SCHOOL PARENT/TEACHER CONFERENCES
Breakfast Break, Juice, Apple, Milk 30	Cinni Minis/Cereal, Juice, Orange, Milk 31	Cereal/Toast, Juice, Banana, Milk (Nov.1)	Cheese Omelet/Toast,Juice,Grapes,Milk 2	French Toast,Juice,Applesauce Cup,Milk 3
Mostaccoli w/Meat Sauce Caesar Salad Applesauce Cheese Breadstick Milk	Breaded Boneless Chicken Wings Seasoned Potato Wedges Green Beans Sliced Peaches Bread Slice Milk	Pizza Crunchers / Marinara Sauce Romaine/Leaf Lettuce Salad Italian Blend Vegetables Fresh Grapes Pretzels Milk	Burrito Potato Rounds Black Beans Fruit Salad Milk	Grilled Cheese Sandwich Chicken Noodle Soup Combination Salad Carrot Sticks Apple Slices Sunflower Kernels / Milk