

September

Vandalia Elementary School



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| 3 NO SCHOOL LABOR DAY | 4 Mini Donuts, Juice, Orange, Milk | 5 Cereal / Toast, Juice, Banana, Milk | 6 Sausage Biscuit, Juice, Blueberries, Milk | 7 Cereal/Toast, Juice, Applesauce Cup, Milk |
| | Breaded Chicken Patty on Bun Potato Rounds Sliced Tomato & Lettuce Fresh Baby Carrots Fruit Salad Milk | Nacho Supreme w/ Beef Corn /Lettuce/ Tomato Cheese / Salsa / Black Beans Pineapple Tidbits Chocolate Chip Granola Bar Milk | Beef & Noodles Mashed Potatoes Green Beans Sliced Peaches Dinner Roll Milk | Chicken Tenders Seasoned Fries Fresh Broccoli Florets Fresh Strawberries Bread Slice Milk |
| 10 Muffin/Cereal, Juice, Apple, Milk | 11 Mini Waffles, Juice, Orange, Milk | 12 Cereal / Toast, Juice, Banana, Milk | 13 Saus. Gravy Biscuit, Juice, Grapes, Milk | 14 Flapstix, Juice, Applesauce Cup, Milk |
| Chicken Nuggets / Sauces Potato Smiles Green Beans Pear Half Cupcake Milk | Pizza Cruncher /Marinara Sauce Romaine Leaf Lettuce Salad Italian Blend Pear Half Milk | Hot Dog on Bun Nachos w/Cheese Baked Beans Mixed Fruit Milk | BBQ Pork on Bun Potato Wedges Catalina Style Vegetables Cantaloupe Slice Milk | Taco Quesadilla Spinach Salad Fresh Baby Carrots Pineapple Tidbits Fruit Juice Bar Milk |
| 17 Breakfast Break, Juice, Apple, Milk | 18 Cinni Minis/Cereal, Juice, Orange, Milk | 19 Cereal/Toast, Juice, Banana, Milk | 20 Chs.Omelet/Toast, Juice, Blueberries, Milk | 21 Mini French Toast, Juice, Applesauce Cup |
| Cheese Tortellini Caesar Salad Seasoned Peas Sliced Pears Cheese Breadstick Milk | Brd. Boneless Chicken Wings Potato Rounds Green Beans Peach Half Bread Slice Milk | Pizza Hut Cheese Pizza Combination Salad Corn Strawberry Shortcake Milk | Burrito / Salsa Seasoned Fries Black Beans Fruit Salad Milk | Grilled Cheese Sandwich Combination Salad Cherry Tomatoes Apple Slices Sunflower Kernels Milk |
| 24 Poptart/Cereal, Juice, Apple, Milk | 25 Mini Pancakes, Juice, Orange, Milk | 26 Cereal/Toast, Juice, Banana, Milk | 27 Sausage Biscuit, juice, Grapes, Milk | 28 PB&J Sand. Juice, Applesauce Cup, Milk |
| Hot Dog on Bun Nachos w/ Cheese Baked Beans Fruit Mix Milk | Ham & Cheese Sub Spinach Salad Fresh Baby Carrots Peach Half Milk | Breaded Chicken Patty on Bun Baby Baked Potatoes Catalina Style Vegetables Sliced Tomato / Lettuce Watermelon Milk | Cheese Pizza Combination Salad Corn Sliced Pears Double Chocolate Bar Milk | Cheeseburger on Bun Oven Fries Sliced Tomato & Lettuce Mandarin Oranges Go Gurt Milk |