

February

Vandalia Jr. High





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			Sausage Biscuit, Juice, Blueberries, Milk 1	Cereal/Toast, Juice, Applesauce Cup, Milk 2					
			Manwich Sandwich Potato Wedges Tossed Salad Fruit Salad Milk	"Pre" Super Bowl Party  Chicken Tenders / Potato Salad Tossed Salad / Fresh Carrots, Cauliflower, Broccoli, Cucumbers / Vegetable Dip *Appetizers - Meatballs & Mini Corn Dogs Apple Slices / Chex Mix / Capri Sun / Milk					
5	Muffin/Cereal, Juice, Orange, Milk	6	Cereal/Toast, Juice, Banana, Milk	7	Waffles, Juice, Grapes, Milk	8	Cereal/Toast, Juice, Applesauce Cup, Milk 9		
NO SCHOOL PARENT/TEACHER CONFERENCES		Beef & Noodles Mashed Potatoes Green Beans Tossed Salad Peach Half Dinner Roll / Milk	Hot Dog on Bun Nachos w/Cheese Baked Beans Tossed Salad Fruit Mix Milk	Breaded Chicken Patty on Bun Baby Baked Potatoes Sliced Tomato & Lettuce Catalina Style Vegetables Tossed Salad / Fresh Clementine Yoplait Trix Yogurt Cup / Milk	Swedish Meatballs Potato Salad Fresh Carrots, Broccoli, Cucumbers Tossed Salad Sliced Pears Cheese Bites / Milk				
Breakfast Break, Juice, Apple, Milk	12	Cinni Minis/Cereal, Juice, Orange, Milk	13	French Toast, Juice, Banana, Milk	14	Cheese Omelet/Toast, Juice,	15	PB&J Sand., Juice, Applesauce Cup, Milk	16
Chicken Tenders Mashed Potatoes Green Beans Tossed Salad Sliced Peaches Sliced Bread / Milk		Chili w/Crackers Peanut Butter Sandwich Fresh Baby Carrots Tossed Salad / Applesauce / Milk *An alternate sandwich will be offered to students with peanut allergies.	Pizza Hut Pepperoni Pizza Combination Salad Corn Strawberry Shortcake Milk HAPPY VALENTINES DAY 	Blueberries, Milk Chicken Quesadilla Spinach Salad Black Beans Orange Wedges Cupcake / Milk	NO LUNCH 1/2 DAY INSERVICE				
19	Mini Donuts, Juice, Orange, Milk	20	Pancakes, Juice, Banana, Milk	21	Chocolate Crescent Bar, Juice, Grapes, Milk	22	Saus. Biscuit, Juice, Applesauce Cup, Milk	23	
NO SCHOOL PRESIDENTS' DAY		Beef Slider Sandwiches Oven Fries Sliced Tomato & Lettuce Tossed Salad Peach Half Milk	Boneless Chicken Wings Seasoned Potato Wedges Tossed Salad Cherry Tomatoes Fresh Grapes Sliced Bread / Milk	Corn Dog Romaine/Leaf Lettuce Salad Baked Beans Celery Sticks Fruit Mix Cheese Puffs / Milk	Deli Turkey Breast on Bun Oven Brown Potatoes Sliced Tomato & Lettuce Tossed Salad Mandarin Oranges Milk				
Muffin/Cereal, Juice, Apple, Milk	26	Waffles, Juice, Orange, Milk	27	Cereal/Toast, Juice, Banana, Milk	28	Scrambled Eggs, Sliced Ham, (March 1)	PB&J Sand., Juice, Applesauce Cup, Milk 2		
Breaded Chicken Patty on Bun Potato Rounds Sliced Tomato & Lettuce Tossed Salad Sliced Peaches Yogurt Cup / Milk		Nachos Supreme Corn / Lettuce / Tomatoes Cheese / Salsa / Refried Beans Pineapple Tidbits Double Chocolate Snack Bar Milk	Pizza Crunchers / Marinara Sauce Caesar Salad Italian Blend Vegetables Pear Half Pretzels Milk	Biscuit, Blueberries, Milk Chicken Tenders Seasoned Fries Fresh Broccoli Florets Tossed Salad Fruit Salad / Sliced Bread / Milk	**NO LUNCH / 1/2 DAY INSERVICE <u>READ ACROSS AMERICA WEEK</u> Starts with breakfast March 1 Thanks to all our partners in reading. You are appreciated!!				