

February

Vandalia Jr. High





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				Cereal/Toast, Juice, Applesauce Cup, Milk 1						
				"Pre" Super Bowl Party  Chicken Tenders / Potato Salad Tossed Salad / Fresh Carrots, Cauliflower, Broccoli, Cucumbers / Vegetable Dip *Appetizers - Mini Corn Dogs Apple Slices / Chex Mix / Capri Sun / Milk						
4	Poptart, Juice, Apple, Milk	5	Cereal / Toast, Juice, Banana, Milk	6	Sausage Biscuit, Juice, Grapes, Milk	7	Pancakes, Juice, Applesauce Cup, Milk	8		
NO SCHOOL PARENT/TEACHER CONFERENCES		Taco Quesadilla Combination Salad Salsa / Black Beans Pineapple Slices Fruit Juice Bar Milk	Spaghetti w/ Meat Sauce Caesar Salad Seasoned Peas Sliced Pears Cheese Breadstick Milk		Chili Peanut Butter Sandwich Celery Sticks Tossed Salad/Applesauce/Milk *An alternate sandwich will be offered to students with peanut allergies	Grilled Cheese Sandwich Chicken Noodle Soup Combination Salad Carrots, Cauliflower, Broccoli w/Dip Fruit Salad / Sunflower Kernels Milk				
Muffin/Cereal, Juice, Apple, Milk	11	Waffles, Juice, Orange, Milk	12	Cereal / Toast, Juice, Banana, Milk	13	Sausage Gravy / Biscuit, Juice,	14	PB&J Sand., Juice, Applesauce Cup, Milk	15	
Cheeseburger on Bun Oven Fries Sliced Tomato & Lettuce Tossed Salad Mandarin Oranges Milk		Beef & Noodles Mashed Potatoes Green Beans Peach Half Tossed Salad / Dinner Roll Milk	Pizza Hut Pepperoni Pizza Combination Salad Corn Strawberry Shortcake Fresh Fruit Milk		Blueberries, Milk Corn Dog Romaine/Leaf Lettuce Salad Baked Beans Fruit Mix/Doritos/Milk HAPPY VALENTINES DAY1	 NO LUNCH 1/2 DAY INSERVICE				
18	Breakfast Break, Juice, Orange, Milk	19	French Toast, Juice, Banana, Milk	20	Chs.Omelet/Toast, Juice, Grapes, Milk	21	Cereal/Toast, Juice, Applesauce Cup, Milk		22	
NO SCHOOL PRESIDENTS' DAY		Breaded Chicken Patty on Bun Potato Rounds Sliced Tomato & Lettuce Tossed Salad Sliced Peaches Yogurt Cup / Milk	Pizza Crunchers / Marinara Sauce Caesar Salad Italian Blend Vegetables Pear Half Cheese Puffs Milk		Manwich on Bun Seasoned Fries Baby Carrots Tossed Salad Strawberry Cup Milk	Chicken Tenders Baby Baked Potatoes Fresh Broccoli Florets Tossed Salad Fruit Salad Milk				
Minni Donuts/Cereal, Juice, Apple, Milk	25	Pancakes, Juice, Orange, Milk	26	Cereal/Toast, Juice, Banana, Milk	27	Sausage Biscuit, Juice, Blueberries, Milk	28	PB&J Sand., Juice, Applesauce Cup, Milk		1
Hot Dog on Bun Nachos w/ cheese Baked Beans Tossed Salad Mixed Fruit Milk		BBQ Pork on Bun Oven Brownd Potatoes Tossed Salad Red Pepper Strips Peach Half Milk	Double Stuffed Pizza Stix Marinara Sauce Romaine/ Leaf Lettuce Salad Corn / Pineapple Slices Ice Cream Milk		Cheeseburger on Bun Oven Fries Sliced Tomato & Lettuce Tossed Salad Orange Wedges Milk	NO LUNCH 1/2 DAY INSERVICE				