

March

Vandalia Jr. High

MONDAY


TUESDAY

WEDNESDAY

THURSDAY



FRIDAY

			Scrambled Eggs, Ham, Biscuits 1 Juice, Blueberries, Milk Chicken Tenders Seasoned Fries Broccoli Florets Tossed Salad Fruit Salad/ Sliced Bread/ Milk	PB&J Sandwich, Juice, Apple Slices, Milk 2
				NO LUNCH 1/2 DAY INSERVICE <u>READ ACROSS AMERICA WEEK</u> Starts with breakfast March 1. Thanks to all our partners in reading. You are appreciated!!
Breakfast Break, Juice, Apple, Milk 5	Cinni Minis/Cereal, Juice, Orange, Milk 6	Cereal/Toast, Juice, Banana, Milk 7	Chs. Omelet/Toast, Juice, Grapes, Milk 8	French Toast, Juice, Applesauce Cup, Milk 9
Hot Dog on Bun Nacho's w/ Cheese Baked Beans Tossed Salad Mixed Fruit Milk	BBQ Pork on Bun Oven Browned Potatoes Tossed Salad Sliced Peaches Milk	Cheeseburger on Bun Oven Fries Sliced Tomato & Lettuce Tossed Salad Mandarin Oranges Milk	Chili w/Crackers Peanut Butter Sandwich Fresh Carrot & Celery Sticks Tossed Salad/ Applesauce/ Milk <small>*An alternate sandwich will be offered to students with peanut allergies.</small>	Cheese Pizza Combination Salad Corn Pear Halves Milk
Poptarts, Juice, Apple, Milk 12	Pancakes, Juice, Orange, Milk 13	Cereal/Toast, Juice, Banana, Milk 14	Sausage Biscuit, Juice, Grapes, Milk 15	Cereal/Toast, Juice, Applesauce Cup, Milk 16
Spaghetti w/Meat Sauce Caesar Salad Seasoned Peas Pear Half Cheese Breadstick Milk	Taco Quesadilla Seasoned Fries Black Beans /Tossed Salad Salsa / Sour Cream Sliced Pineapple Cupcake / Milk	Pizza Hut Cheese Pizza Romaine/Leaf Lettuce Salad Corn Strawberry Shortcake Milk	Brd. Boneless Chicken Wings Potato Wedges Tossed Salad Cherry Tomatoes Peach Slices Sliced Bread / Milk	Grilled Cheese Combination Salad Fresh Baby Carrots Fruit Salad Sunflower Kernels/Milk  HAPPY ST. PATRICK'S DAY!
Muffin/ Cereal, Juice, Apple, Milk 19	Waffles, Juice, Orange, Milk 20	Cereal/Toast, Juice, Banana, Milk 21	Saus. Gravy/Biscuit, Juice, Grapes, Milk 22	Flapstix, Juice, Applesauce Cup, Milk 23
Cheeseburger on Bun Oven Fries Sliced Tomato & Lettuce Tossed Salad Mandarin Oranges Milk	Hot Dog on Bun Nachos w/Cheese Baked Beans Tossed Salad Fruit Mix Milk	Breaded Chicken Patty on Bun Baby Baked Potatoes Catalina Style Vegetables Tossed Salad / Yogurt Cup Watermelon Milk	Chili w/Crackers Peanut Butter Sandwich Fresh Carrot & Celery Sticks Tossed Salad / Applesauce /Milk <small>*An alternate sandwich will be offered to students with peanut allergies.</small>	Fish Fillet on Bun Macaroni & Cheese Broccoli Florets, Red Peppers, Cucumbers Fruit Salad Fresh Strawberries Milk
Breakfast Break, Juice, Apple, Milk 26	Cinni Minis/Cereal, Juice, Orange, Milk 27	Cereal/Toast, Juice, Banana, Milk 28		
Chicken Tenders Mashed Potatoes Green Beans Sliced Peaches Bread Slice Milk	BBQ Rib on Bun Seasoned Fries Steamed Broccoli Tossed Salad Mixed Fruit Milk	Cheese Pizza Combination Salad Fresh Baby Carrots Sliced Pears Chocolate Granola Bars Milk	NO SCHOOL SPRING BREAK	NO SCHOOL SPRING BREAK HAPPY EASTER! 