

March

Vandalia Jr. High



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				PB&J Sandwich, Juice, Apple Slices, Milk 1
				NO LUNCH 1/2 DAY IN SERVICE
Muffin/ Cereal, Juice, Apple, Milk 4	Waffles, Juice, Orange, Milk 5	Cereal/Toast, Juice, Banana, Milk 6	Scrambled Eggs/Sliced Ham, Biscuit, Blueberries, Milk 7	Flapstix, Juice, Applesauce Cup, Milk 8
Cheese Tortellini Caesar Salad Seasoned Peas Sliced Pears Cheese Breadstick Milk	Taco Quesadilla Combination Salad Salsa / Black Beans Pineapple Slices Fruit Juice Bar Milk	Cheese Pizza Romaine/Leaf Lettuce Salad Corn Strawberry Shortcake Fresh Fruit Milk	Chili / Peanut butter Sandwich Celery Sticks/Tossed Salad Applesauce / Milk <small>*An alternate sandwich will be offered to students with peanut allergies.</small>	Grilled Cheese Sandwich Combination Salad Baby Carrots, Broccoli & Dip Sunflower Kernels Fruit Mix Milk
Breakfast Break, Juice, Apple, Milk 11	Cinni Minis/Cereal, Juice, Orange, Milk 12	Cereal/Toast, Juice, Banana, Milk 13	Chs.Omelet/Toast, Juice, Blueberries, Milk 14	French, Toast, Juice, Applesauce Cup, Milk 15
Cheeseburger on Bun Oven Fries Sliced Tomato & Lettuce Tossed Salad Mandarin Oranges Milk	Beef & Noodles Mashed Potatoes Green Beans Sliced Peaches Tossed Salad Dinner Roll / Milk	Pizza Hut Cheese Pizza Romaine/Leaf Lettuce Salad Corn Puff Pastry Dessert Sliced Pears Sliced Bread / Milk	Brd. Chicken Patty on Bun Baby Baked Potatoes Sliced Tomato & Lettuce Catalina Style Vegetables Orange Wedges / Tossed Salad Yogurt Cup / Milk	Fish Fillet on Bun Macaroni & Cheese Broccoli Florets Tossed Salad/Mixed Fruit Lime Sherbert / Milk HAPPY ST. PATRICK'S DAY!
Poptart, Juice, Apple, Milk 18	Pancakes, Juice, Orange, Milk 19	Cereal/Toast, Juice, Banana, Milk 20	Sausage Biscuit, Juice, Blueberries, Milk 21	PB&J Sand, Juice, Applesauce Cup, Milk 22
Chicken Tenders Mashed Potatoes Green Beans Tossed Salad Sliced Peaches Sliced Bread Milk	Taco Salad w/Beef Corn / Lettuce / Tomatoes Cheese / Salsa / Refried Beans Pineapple Slices Cinnamon Crisp Milk	Hot Dog on Bun Nachos w / Cheese Baked Beans Tossed Salad Fruit Mix Milk	BBQ Rib on Bun Seasoned Fries Steamed Broccoli Tossed Salad Sliced Pears Milk	Cheese Quesadilla/ w Salsa Spinach Salad Black Beans Fresh Strawberries WG Cupcake Milk
Muffin / Cereal, Juice, Apple, Milk 25	Waffles, Juice, Orange, Milk 26	Cereal/Toast, Juice, Banana, Milk 27	Saus.Gravy/Biscuit, Juice, Blueberries, Milk 28	Cereal/Toast, Juice, Applesauce Cup, Milk 29
Cheeseburger on Bun Oven Fries Sliced Tomato & Lettuce Tossed Salad Sliced Peaches Milk	Spaghetti w/Meat Sauce Caesar Salad Seasoned Peas Sliced Pears Cheese Breadsticks Milk	Breaded Boneless Chicken Wings Seasoned Potato Wedges Tossed Salad / Cherry Tomatoes Mandarin Oranges Sliced Bread Milk	Corn Dog Combination Salad Baked Beans Fresh Grapes WG Doritos Milk	Cheese Pizza Romaine / Leaf Lettuce Salad Baby Carrots, Broccoli & Dip Mixed Fruit Double Chocolate Oatmeal Bar Milk

