

Vandalia Jr. High

AUGUST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
7	8	9	10	11
14	15	16	Poptart/Cereal, Juice, Grapes, Milk 17	Pancakes, Juice, Applesauce Cup, Milk 18
		NO SCHOOL TEACHER'S INSERVICE	Hot Dog on Bun Nachos w/Cheese Baked Beans Tossed Salad Fruit Mix Milk	Cheese Pizza Combination Salad Corn Sliced Pears Chocolate Granola Bar Milk
Bagel Bites/Cereal, Juice, Apple, Milk 21	Waffles, Juice, Orange, Milk 22	Cereal/Toast, Juice, Banana, Milk 23	Saus.Gravy/Biscuit,Juice,Grapes,Milk 24	Cereal/Toast,Juice,Applesauce Cup,Milk 25
Chicken Tenders Mashed Potatoes Green Beans Tossed Salad Peach Slices Sliced Bread / Milk	Taco Salad w/Beef Corn / Lettuce / Tomatoes Cheese / Salsa Pineapple Tidbits Cinnamon Crisps Milk	Bar-B-Que Rib on Bun Oven Brown Potatoes Fresh Broccoli Florets Tossed Salad Cantaloupe Milk	Chicken Quesadilla Combination Salad Black Beans Pear Half Orange Sherbert Milk	Deli Turkey Breast on Bun Potato Rounds Sliced Tomato & Lettuce Tossed Salad Carrot Sticks Fruit Salad / Milk
Breakfast Break, Juice, Apple, Milk 28	French Toast, Juice, Orange, Milk 29	Cinni Minis/Cereal,Juice,Banana,Milk 30	Cheese Omelet/Toast,Juice,Grapes,Milk 31	PB & J, Applesauce Cup, Juice, Milk(Sept.1)
Cheeseburger on Bun Oven Fries Sliced Tomato & Lettuce Tossed Salad Peach Half Milk	Spaghetti w/Meat Sauce Caesar Salad Seasoned Peas Sliced Pears Cheese Breadstick Milk	Breaded Boneless Chicken Wings Potato Wedges Cherry Tomatoes Tossed Salad Fresh Grapes Sliced Bread / Milk	Pepperoni Pizza Combination Salad Corn Strawberry Shortcake Milk	Corn Dog Baked Beans Tossed Salad Celery Sticks Watermelon Slice WG Doritos / Milk

WELCOME BACK TO SCHOOL