

# November

Vandalia Jr. High School



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

			Sausage Biscuit, Juice, Grapes, Milk 1	Br.Burrito, Juice, Applesauce Cup, Milk 2
			Breaded Boneless Chicken Wings Seasoned Potato Wedges Tossed Salad Cherry Tomatoes Peach Slices Sliced Bread / Milk	Grilled Cheese Chicken Noodle Soup Tossed Salad Fresh Baby Carrots Fruit Salad Sunflower Kernels / Milk
Muffin/Cereal, Juice, Apple, Milk 5	Waffles, Juice, Orange, Milk 6	Cereal/Toast, Juice, Banana, Milk 7	Saus.Gravy/Biscui,Juice,Blueberries, Milk 8	PB&J Sand.,Juice,Applesauce Cup,Milk 9
Cheeseburger on Bun Oven Fries Sliced Tomato & Lettuce Tossed Salad Mandarin Oranges Milk	Ham & Cheese on Bun Spinach Salad Fresh Broccoli Florets Peach Half Chocolate Chip Granola Bar Milk	Corn Dog Romaine/Leaf Lettuce Salad Baked Beans Mixed Fruit Doritos Milk	Breaded Chicken Patty on Bun Baby Bakers Sliced Tomato & Lettuce Tossed Salad Yogurt Applesauce / Milk	<b>NO LUNCH</b> <b>EARLY DISMISSAL</b> <b>VETERAN'S DAY SATURDAY</b> <b>Thank and Honor a Veteran!</b> <b>We should appreciate all the sacrifices</b> <b>they have made for our freedom!</b>
Breakfast Break, Juice, Apple, Milk 12	Cinni Minnis/Cereal, Juice, Orange, Milk 13	French Toast, Juice, Banana, Milk 14	PB&J Sandwich, Juice, Grapes, Milk 15	Cereal/Toast,Juice,Applesauce Cup,Milk 16
Hot Dog on Bun Nachos w/Cheese Baked Beans Tossed Salad Fruit Mix Milk	Taco Salad w/ Beef Corn / Lettuce / Tomatoes Cheese / Salsa / Refried Beans Pineapple Tidbits Cinnamon Crisps Milk	Pizza Hut Pepperoni Pizza Combination Salad Fresh Baby Carrots Pear Half Chocolate Oatmeal Bar Milk	Roast Turkey & Dressing Mashed Potatoes Green Beans/Peaches Pumpkin Pie Dessert Dinner Roll Milk	Chicken Quesadilla / Salsa Spinach Salad Black Beans Orange Wedges Cupcake Milk
Mini Donuts/Cereal, Juice, Apple, Milk 19	Pancakes, Juice, Orange, Milk 20			
Breaded Boneless Chicken Wings Seasoned Potato Wedges Cherry Tomatoes Tossed Salad Sliced Peaches Milk	Spaghetti w/ Meat Sauce Caesar Salad Seasoned Peas Sliced Pears Cheese Breadstick Milk	<b>NO SCHOOL</b> <b>THANKSGIVING BREAK</b>	 <b>*Let us give thanks for our families</b> <b>and our country!</b>	<b>NO SCHOOL</b> <b>THANKSGIVING BREAK</b>
Muffin/Cereal, Juice, Apple, Milk 26	Waffles, Juice, Orange, Milk 27	Cereal/Toast, Juice, Banana, Milk 28	Chs. Omelet/Toast, Juice, Grapes, Milk 29	Flapstix, Juice, Applesauce Cup, Milk 30
Breaded Chicken Patty on Bun Potato Rounds Sliced Tomato & Lettuce Tossed Salad Sliced Peaches Yogurt Cup / Milk	Nachos Supreme Corn / Lettuce / Tomatoes Cheese / Salsa / Refried Beans Pineapple Tidbits Chocolate Crisp Granola Bar Milk	Double Stuffed Pizza Sticks Caesar Salad Italian Blend Vegetables Pear Half Cheese Puffs Milk	Chili w / Crackers Peanut Butter Sandwich Celery Sticks Tossed Salad Applesauce Milk	Chicken Tenders Seasoned Fries Fresh Broccoli Florets Fruit Salad Bread Slice Milk