

October



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast Break, Juice, Apple, Milk 1	Chocolate Crescent, Juice, Orange, Milk 2	Cereal/Toast, Juice, Banana, Milk 3	Cheese Omelet/Toast, Juice, Grapes, Milk 4	5
Chicken Tenders Mashed Potatoes Green Beans Tossed Salad Sliced Peaches Bread Slice / Milk	Taco Salad Corn / Lettuce / Tomatoes Cheese / Salsa / Jalapeno Peppers Refried Beans Pineapple Tidbits Cinnamon Crisps / Milk	Chicken Quesadilla Spinach Salad Black Beans Orange Wedges WG Cupcake Milk	Chili w/Crackers Peanut Butter Sandwich Celery Sticks Tossed Salad Applesauce Milk	NO SCHOOL REGIONAL INSTITUTE
8	Mini Donuts/Cereal, Juice, Orange, Milk 9	Cereal/Toast, Juice, Banana, Milk 10	Sausage Biscuit, Juice, 11	Cereal/Toast, Juice, Applesauce Cup, Milk 12
NO SCHOOL COLUMBUS DAY	Cheeseburger on Bun Oven Fries Sliced Tomato & Lettuce Tossed Salad Peach Half Milk	Pizza Hut Cheese Pizza Romaine/Leaf Lettuce Salad Corn Strawberry Shortcake Milk	Blueberries, Milk Corn Dog Romaine/Leaf Lettuce Salad Baked Beans Fruit Salad WG Doritos / Milk	Breaded Boneless Chicken Wings Seasoned Potato Wedges Tossed Salad Cherry Tomatoes Fresh Grapes Sliced Bread / Milk
Muffin/Cereal, Juice, Apple, Milk 15	Waffles, Juice, Orange, Milk 16	Cereal/Toast, Juice, Banana, Milk 17	Saus. Gravy/Biscuit, Juice, Grapes, Milk 18	Cereal/Toast, Juice, Applesauce Cup, Milk 19
Breaded Chicken Patty on Bun Potato Rounds Sliced Tomato & Lettuce Tossed Salad Sliced Peaches Yogurt Cup / Milk	Nachos Supreme Corn / Lettuce / Tomatoes Cheese / Salsa / Jalapeno Peppers Refried Beans Pineapple Tidbits Choc. Chip Granola Bar / Milk	Pizza Crunchers/Marinara Sauce Caesar Salad Italian Blend Vegetables Pear Half Cheese Puffs Milk	Chili w/Crackers Peanut Butter Sandwich Carrot Sticks Tossed Salad Applesauce Milk	Chicken Tenders Seasoned Fries Fresh Broccoli Florets Tossed Salad Fruit Salad Sliced Bread / Milk
Breakfast Break, Juice, Apple, Milk 22	Cinni Minis/Cereal, Juice, Orange, Milk 23	Cereal/Toast, Juice, Banana, Milk 24	Chs. Omelet/Toast, Juice, Blueberries, Milk 25	26
Hot Dog on Bun Nachos w/Cheese Baked Beans Tossed Salad Mixed Fruit Milk	BBQ Pork on Bun Oven Brownd Potatoes Tossed Salad Red Pepper Strips Peach Half Milk	Cheese Tortellini Romaine/Leaf Lettuce Salad Catalina Blend Vegetables Sliced Pears Cheese Breadsticks Milk	Cheeseburger on Bun Oven Fries Sliced Tomato & Lettuce Tossed Salad Orange Wedges Milk	NO SCHOOL PARENT/TEACHER CONFERENCES
Poptart, Juice, Apple, Milk 29	Pancakes, Juice, Orange, Milk 30	Cereal/Toast, Juice, Banana, Milk 31	Sausage Biscuit, Juice, Grapes, Milk (Nov.) 1	Br. Burrito, Juice, Applesauce Cup, Milk 2
Spaghetti w/Meat Sauce Caesar Salad Seasoned Peas Applesauce Cheese Breadstick Milk	Taco Quesadilla Salsa / Black Beans Tossed Salad Pineapple Slices Fruit Juice Bars Milk	Cheese Pizza Combination Salad Corn Pear Half Puff Pastry Dessert Milk	Breaded Boneless Chicken Wings Potato Wedges Tossed Salad Cherry Tomatoes Peach Slices Sliced Bread / Milk	Grilled Cheese Sandwich Chicken Noodle Soup Tossed Salad / Fresh Baby Carrots Fruit Salad Sunflower Kernels Milk